



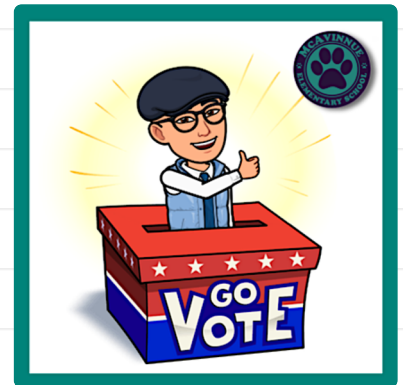
The Lion's Roar

MCAVINNUE'S COMMUNITY NEWSLETTER: WEEK OF NOVEMBER 4TH

MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

I hope that everyone is having a great weekend and enjoying the fine Fall weather we are having! In all honesty, this is my favorite time of the year. I love the cooler days and nights...and all of the changes that are occurring that making living in New England one of the very best places that anyone could select!



As everyone is aware, we will have a short week at McAvinnue with our school being closed on Tuesday, November 5th due to the state-wide Election Day. While we all enjoy a bonus day off, it is important not to forget why we have this day off.

It is important for you to go out and cast your vote to be seen and heard. Local and state-wide elections can make the greatest impact in making change within the Lowell community. There are many important seats and positions that are up for election or reelection. Stay informed and listen to what those that are running for these positions are saying around matters that are the most critical to you and your family.

For more information on where you can vote including the times the polls open and close, please click the link below.

<https://www.lowellma.gov/322/Polling-Locations>

We also have another day off from school on Monday, November 11th due to the observance of Veterans Day. While we will enjoy the long weekend, we must remember why it is important to have the day off to recognize those that put their lives on the line to protect the freedoms that we need and enjoy!

Here are some important facts that focus on Veterans Day for your review.

The military men and women who serve and protect the U.S. come from all walks of life; they are parents, children, grandparents, friends, neighbors and coworkers, and are an important part of their communities. Here are some facts about the veteran population of the United States:

- 18.2 million [living veterans](#) served during at least one war as of 2018.
- 9 percent of veterans are women.
- 7 million veterans served during the [Vietnam War](#).
- 3 million veterans have served in support of the War on Terrorism.
- Of the 16 million Americans who served during World War II, about 325,000 were [still alive](#) as of 2020.
- 2 million veterans served during the [Korean War](#).
- As of 2019, the [top three states](#) with the highest percentage of Veterans were Virginia, Wyoming, and Alaska.

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the next few weeks:

- **Monday, November 4th - McAvinnue Reopens**
- **Tuesday, November 5th - No School: Election Day**
- **Wednesday, November 6th - McAvinnue's "Lion's Pride" Core Value All School Celebration: October Edition @ 9:30 AM - 10:15 AM**
- **Monday, November 11th - No School: Veterans Day**

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a mdomina@lowell.k12.ma.us.

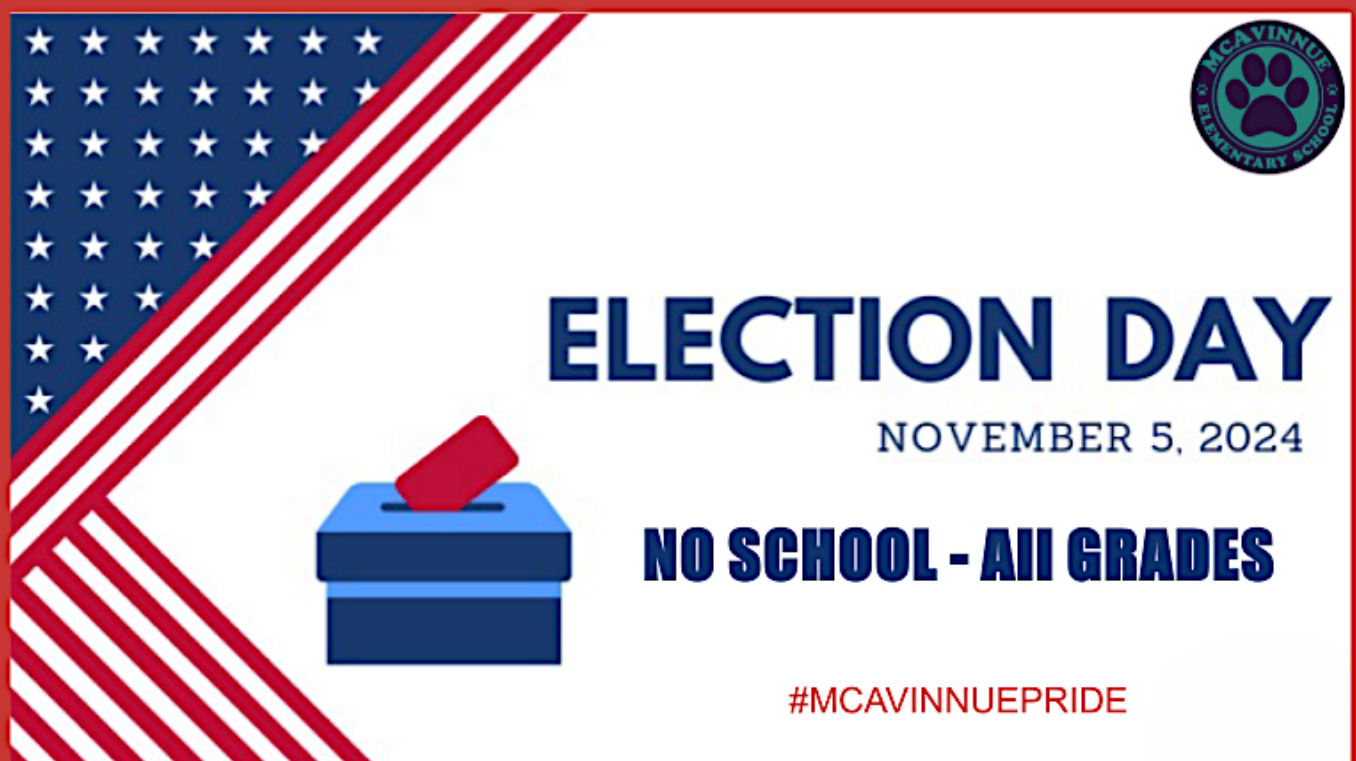
Daylight Savings Time Reminder: Sunday, November 3rd



REMINDER: Daylight Savings Time will occur on Sunday, November 3rd. You will need to turn your clocks BACK one hour at 2:00 AM.

Sunrise and sunset will be about 1 hour earlier on November 3, 2024 than the day before. There will be more light in the morning. This is also called Fall Back and Winter Time.

Election Day - Tuesday, November 5th: No School



As part of the local and state elections, McAvinnue will be closed on **Tuesday, November 5th**. Please make the necessary arrangements to be available for your child on this day.

McAvinnue's Before & After School Program will not occur on this day.

We will reopen our doors on Wednesday, November 6th at 9:10 AM.

If you have any questions, please don't hesitate to reach out directly.

Observance Of Veterans Day - Monday, November 11th



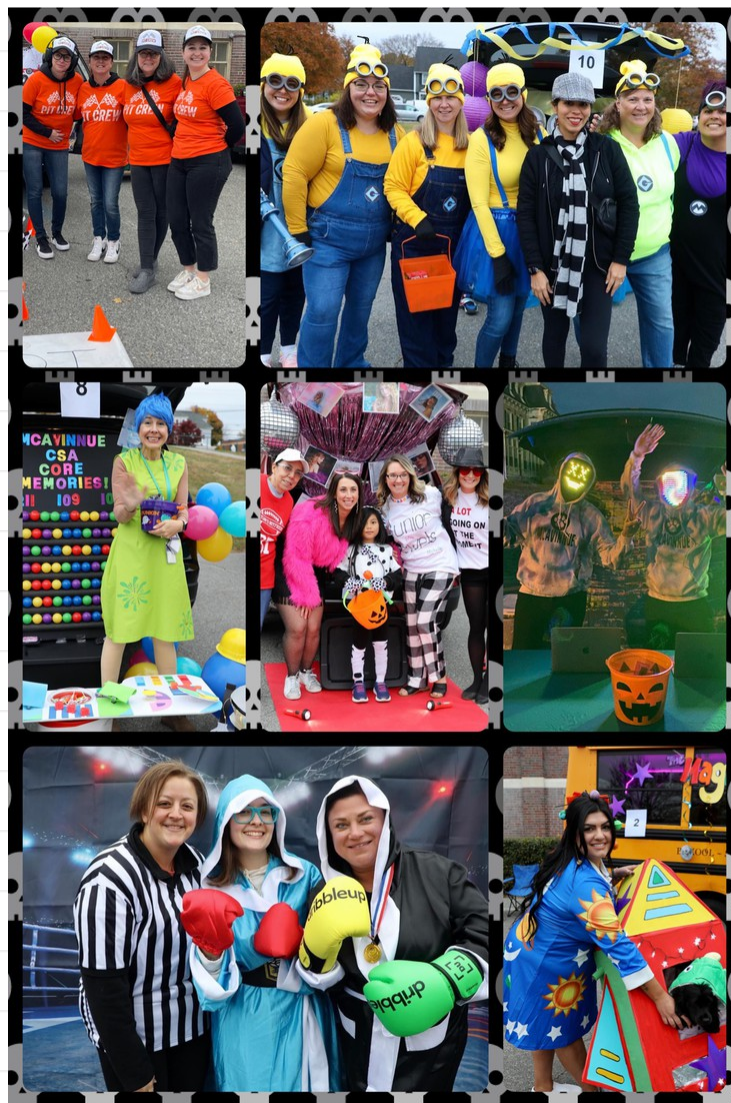
Due to the observance of Veterans Day, all Lowell Public Schools will be closed on Monday, November 11th. McAvinnue will open its door on Tuesday, November 12th at 9:10 AM for that week.

If you are interested in some information and activities that you can use with your child, please click the button below to access many free and engaging options. Also, we have included a video that you can watch with your child.

[Click Here For Some Veterans Day Activities](#)



McAvinnue's Week In Review



McAvinnue's "Trunk Or Treat" Family Celebration

What a fantastic night! The smiles on our students' faces said it all. Thank you to the families who donated candy for this wonderful event, and to our teachers and staff for opening their trunks and

buses to create fun experiences for everyone. Congratulations to "The Magic School Bus" for winning the 2024 Most Creative Trunk!

Allergies? Asthma? Medications? - Please Let Nurse Danielle Know!

If your students have any medical concerns or diagnosis, please make sure Nurse Danielle is aware. Also, if they have any medical conditions, for example allergies or asthma, that require medications such as Epipens or inhalers here at school, please remember she needs updated paperwork and medication yearly.

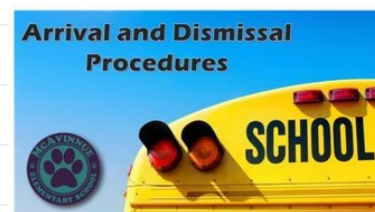


Please reach out as soon as possible to get her the necessary paperwork and to arrange drop off of new medications. Nurse Danielle's email address is dralls@lowell.k12.ma.us and she can also be reached by calling (978) 937-2871 ex. 47858. Our fax number is (978) 937-2880.

Drop-Off & Pick-Up Logistics

Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.



Morning Lining Up Locations

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

Pick-Up Logistics

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

Bus Transportation Information

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.



Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 23rd. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

Please note that Kindergarten and 1st grader students **must** have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

Click Here For The LPSD "Bus Lookup Tool"

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

Tyler's Versatrans e-Link

Welcome to Lowell Public Schools eLink



User Name: TCHS

Password:

Login

User Name= lunch code

Password= birthday
mmddyyyy

Example: August 31, 2009
08312009

Is Your Bus On Time?

The Lowell Public Schools Transportation Department has added a live spreadsheet to its webpage that indicates in the AM or PM if a school bus (grades K-8) is running late and by how long.

Check it out today: <https://www.lowell.k12.ma.us/Page/5990>



Physical Education Class Information With Ms. Rindo

Here is information regarding when each grade level and homeroom has weekly Physical Education Class with Ms. Rindo.

Please ensure that your child wears sneakers on their assigned day in the gymnasium so that can fully participate.

Kindergarten- Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
	Ms. Pepper 205	Mrs. Lewis 206	Mrs. Zolkos 207	Ms. Martineau 208



Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!



Grade 1- Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Gervais 204		Ms. Corio 201	Mrs. Joyce 202	Ms. Wagner 203



Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!



Grade 2- Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Ubele 101	Mrs. Makumbi 102	Ms. Carrucini 103	Ms. Michaud 104	



Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!



Kindergarten

Grade 1

Grade 2

Grade 3- Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Abrams 302	Mrs. Cutumbes 303	Mrs. McG 304		Ms. Ryder 301



Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!



Grade 4- Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Ms. Clemente 309	Mrs. Leczynski 310		Mrs. Figueiredo 307	Mrs. McCann 308



Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!



CSA- Physical Education Class

Tuesday	Wednesday	Thursday
Ms. Pastor 108	Mrs. Orozco 109	Mrs. Irwin 211



Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!



Grade 3

Grade 4

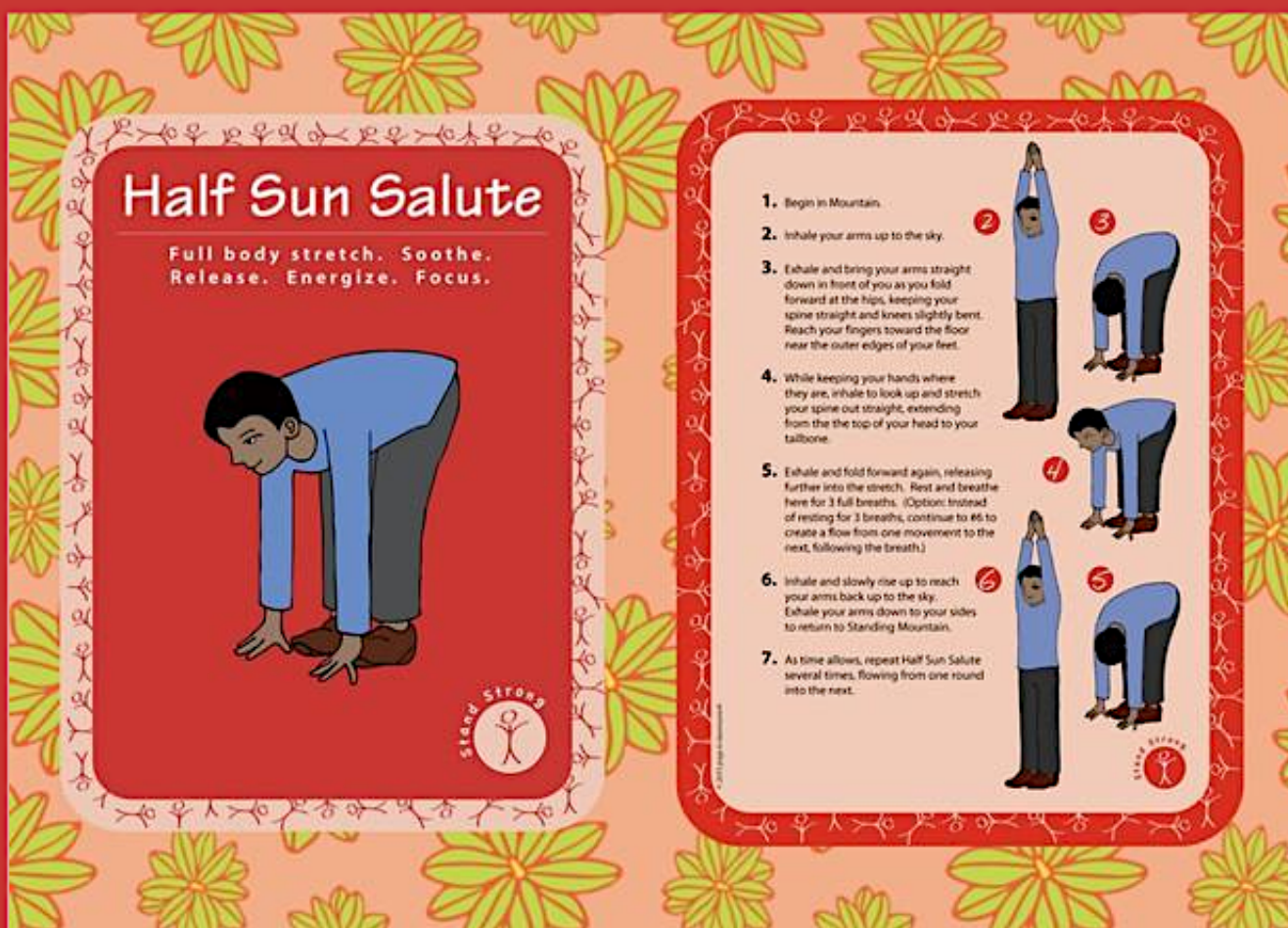
CSA

McAvinnue's Yoga Pose Of The Week: "Half Sun Salute"

We will try another new pose this week called the Half Sun Salute". This new pose will allow us to focus on our full body through a stretching technique that will soothe and release tension while increasing our energy and focus . We will practice the "Half Sun Salute" technique daily during McAvinnue's Morning Announcements during this up and coming week.



You can get an early head start and practice this technique before we launch into another exciting week!



Upcoming Events



Here are important dates to remember in the month of November:

- Monday, November 4th - McAvinnue Reopens
- Tuesday, November 5th - No School: Election Day
- Wednesday, November 6th - McAvinnue's "Lions Pride" Core Value All School Celebration: October Edition @ 9:30 AM - 10:15 AM
- Monday, November 11th - No School: Veterans Day
- Thursday, November 14th - 15th - Dentist At McAvinnue
- Tuesday, November 26th - McAvinnue's "Lions Pride" Core Value All School Celebration: November Edition @ 9:30 AM - 10:15 AM
- Wednesday, November 27th - Early Dismissal (All Students) @ 11:50 AM
- Thursday, November 28th - No School: Thanksgiving Day
- Friday, November 29th - No School: Thanksgiving Recess

ST Math Weekly Progress!



We are thrilled to share that our students have made impressive strides in ST Math! We're currently at 23% of our puzzle goal progress and it's clear that the effort across classrooms is strong.

A special shoutout to classrooms that have met their puzzle range goals! The ST Math dedication is fostering a fun and challenging learning environment, and it's inspiring to see students so engaged in their math journey.

Let's keep up the momentum as we work toward even more milestones. Thank you for all your hard work and support!

23%

Average Puzzle Goal Progress



STMath





Average Number of Puzzles week of 10/28

211, 205, 206, 208,
201, 203, 109, 102, 104,
108, 303, 304, 307, and 309



STMath

2024-2025 School Year Calendar

Superintendent of Schools-Lowell Public Schools- Lowell, MA
2024-2025 School Year Calendar

Monday, August 26, 2024	Staff Return to School - Staff Orientation Day
Tuesday, August 27, 2024	First Day of School - Grades 1-12
Friday, August 30, 2024	No School Labor Day Recess
Monday, September 2, 2024 *	No School - Labor Day
Tuesday, September 3, 2024	No School - State Primary Elections
Wednesday, September 4, 2024	First Day of School - Pre-Kindergarten & Kindergarten
Wednesday, October 9, 2024	Wednesday - Early Release for grades PreK-12
Monday, October 14, 2024 *	No School - Indigenous Peoples' Day
Tuesday, November 5, 2024	No School for Students - Election Day - Professional Day for Staff
Monday, November 11, 2024 *	No School - Veterans' Day Observed
Wednesday, November 27, 2024	Early Dismissal - Thanksgiving Recess
Thursday, November 28, 2024 *	No School - Thanksgiving Day
Friday, November 29, 2024 *	No School - Thanksgiving Recess
Monday, December 2, 2024	Schools Re-Open
Wednesday, December 4, 2024	Wednesday - Early Release for grades PreK-12
Friday, December 20, 2024	Winter Vacation Begins at the Close of Day
Tuesday, December 24, 2024 *	Christmas Eve
Wednesday, December 25, 2024	Christmas Day
Tuesday, December 31, 2024 *	New Year's Eve
Wednesday, January 1, 2025 *	New Year's Day
Thursday, January 2, 2025	Schools Re-Open
Wednesday, January 8, 2025	Wednesday - Early Release for grades PreK-12
Monday, January 20, 2025 *	No School - Martin Luther King, Jr. Day
Wednesday, February 5, 2025	Wednesday - Early Release for grades PreK-12
Friday, February 14, 2025	Mid-Winter Vacation Begins at the Close of School
Monday, February 17, 2025 *	President's Day [Mid-Winter Vacation: Monday, February 17 - Friday, February 21, 2025]
Monday, February 24, 2025	Monday - Schools Re-Open
Wednesday, March 5, 2025	Wednesday - Early Release for grades PreK-12
Thursday, April 17, 2025	Spring Vacation Begins at the Close of School
Friday, April 18, 2025 *	No School - Good Friday
Monday, April 21, 2025 *	Patriot's Day - [Spring Break: Monday, April 21 - Friday, April 25, 2025]
Monday, April 28, 2025	Schools Re-Open
Wednesday, May 14, 2025	Wednesday - Early Release for grades PreK-12
Monday, May 26, 2025 *	No School - Memorial Day
Friday, June 13, 2025	180th School Day - Early Release for grades PreK-12 on Last Day of School
Thursday, June 19, 2025 *	Juneteenth
Monday, June 23, 2025	185 th School Day [Includes five (5) Snow Days]

Approved by the Lowell School Committee at their meeting of: 4/17/24

* Central Administration, Family Resource Center will be closed
in observance of a holiday

Number of School Days Per Month

August	3	January	21
September	19	February	15
October	22	March	21
November	17	April	16
December	15	May	21
		June	10





2024-2025 LPSD Calendar.pdf

Download
236.8 KB

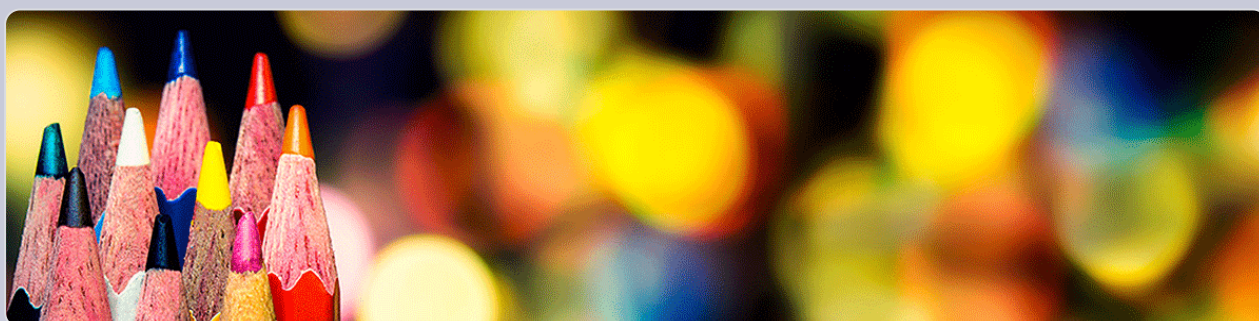
McAvinnue's School Site Council 2024-2025

McAvinnue's Site Council is a group of faculty, parents, and community stakeholders who come together to help drive the instructional focus of the McAvinnue Elementary School. We look at student data and make decisions about the school's Quality Improvement Plan and budget.



We need one additional parent to join this important group. The commitment is one, one-hour, meeting each month usually on Zoom. As we hit budget season in February-April, there will be other meetings added.

If you would like to be a part of the team, please fill out the form below. If you have questions, please reach out to Mr. Domina at mdomina@lowell.k12.ma.us.



McAvinnue's School Site Council Interest Form

Please complete the information below if you are interested in joining McAvinnue's School Site Council.

McAvinnue's Site Council is a group of faculty, parents, and community stakeholders who come together to help drive the instructional focus of the McAvinnue Elementary

McAvinnue's Morning Announcements Are Back!

McAvinnue's "Morning Announcements" are back once again for the 2024-2025 academic school year! We are excited to bring these back starting on Monday, September 16th!



Like we had successfully done during previous school years, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.

This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

McAvinnue's Morning Announcements will occur on Monday, Wednesday, and Friday each week.

You can check out current and past editions of McAvinnue's Morning Announcements on our YouTube channel using the link below.

https://www.youtube.com/channel/UC7hxiBuRjqjgqfASL_RLMleQ

You can check out the latest edition of McAvinnue's Morning Announcements below for last school year!

McAvinnue's Morning Announcements 11.1.2024



Parent & Family Resources










Should I Send My Child To School?

Please see the chart below that will help you decide whether you should send your child to school.

If you have any questions or are not sure whether you should send your child to school, please reach out to the school and ask to speak with Nurse Danielle.



SHOULD I SEND MY CHILD TO SCHOOL?

 STAY HOME FOR...	 Students May Return after...
 Fever: temperature of 100.4°F or greater	Fever-free for 24 hours without taking fever-reducing medicine like Tylenol or Motrin
 Vomiting or Diarrhea	Symptom-free for 24 hours
 Skin Rash	Condition has been diagnosed by a doctor, and treatment started if indicated, and doctor's note received by nurse
 Red eyes with eye drainage: yellow or brown drainage from the eyes, crusting at eyelashes	Condition has been diagnosed by a doctor, and treatment started if indicated, with a doctor's note (24 hours on antibiotics if conjunctivitis)
 Live Head Lice	Medicated Lice Shampoo Treatment has been completed, and no live lice are found
 A contagious illness like chickenpox, or strep throat	A doctor or public health official says it is safe to return and/ or the child has been on antibiotics for 24 hours.
 Student's immunizations are not up-to-date and an exclusion notice has been given	Required vaccines have been received

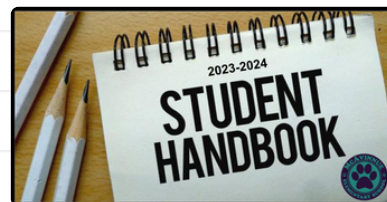


OK FOR SCHOOL!

- Chronic Diseases (Controlled Asthma, Diabetes, Sickle Cell, Epilepsy)
- Mild Cold Symptoms – Stuffy nose/ runny nose, sneezing, mild cough, no fever
 - Menstrual Issues – cramps
- Someone at home is sick, stressed, or hospitalized

Student Handbook 2024-2025

The LPS Student Handbook is a great tool to use to fully understand the expectations of the role of our students as well as the partnership needed for our families to ensure that the school year is a great success.



You can access the district elementary student handbook by clicking the button below. You will find various policies and procedures focusing on attendance, grading, discipline, bus expectations, and more.

Please reach out directly if you have any questions.

Click Here To Access The LPS 2024-2025 Student Handbook

McAvinnue's School Attendance Information

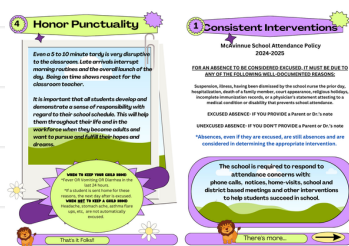
As you are aware, attending school is first step each in the learning process for our students. It is critical that our students arrive to school on time each day so that they can access all of the engaging and meaning lessons that have been planned by our teachers and related service providers.



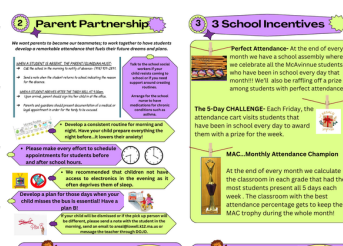
The McAvinnue Attendance Team will monitor student attendance on a weekly basis and will reach out directly to families when they notice frequent absences, a pattern of absences, or an increased number of consecutive absences within a short period of time.

Please refer to McAvinnue's Student Attendance Booklet below that will provide additional information. This booklet will be sent home with students in multiple languages. It is important that you review this information for your own awareness and to be fully prepared to support your child with the first step of the learning process...attending school on time.

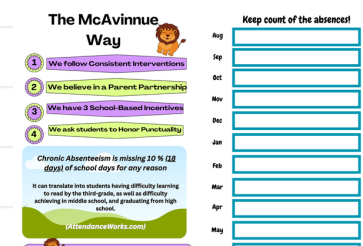
The handbook is provided in three languages below.



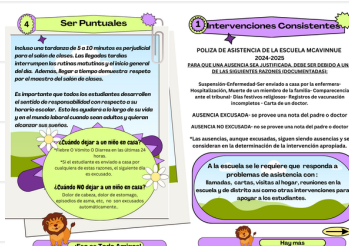
English



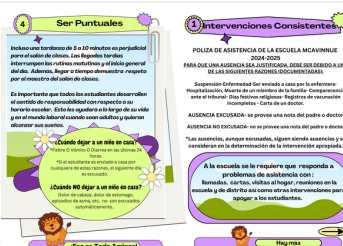
English



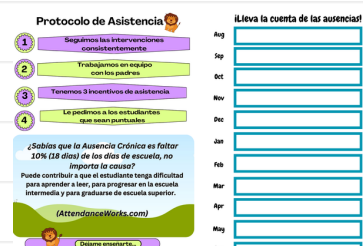
English



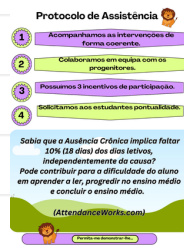
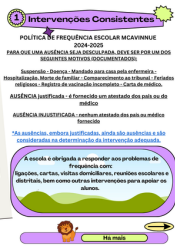
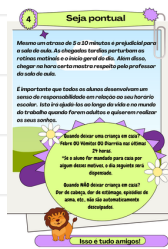
Spanish



Spanish



Spanish



Acompanhe as faltas!	
Agosto	
Setembro	
Outubro	
Novembro	
Dez	
Jan	
Fev	
Março	
Abr	
Mai	
Jun	

Portuguese

Portuguese

Portuguese

Breakfast and Lunch Will Be Free for All LPS Students

As we reopen for the new school year, Lowell Public Schools Food and Nutrition are "Powering Potential" for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.



Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the [LPS Food and Nutrition website](#).

Any concerns please feel free to email foodservice@lowell.k12.ma.us

GREAT NEWS

MASSACHUSETTS PASSES PERMANENT FREE SCHOOL MEALS FOR ALL



WHY EAT SCHOOL BREAKFAST + LUNCH?

Better Productivity

improved focus, behavior, & attendance rate.

Better Health

good for the brain & gives students the fuel to learn.

Better Days

one less thing to worry about & it's free!



PROJECT BREAD

desè

November Breakfast & Lunch Menus

LOWELL PUBLIC SCHOOLS

Breakfast MENU

November 2024 ELEMENTARY Breakfast Menu

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.



This institution is an equal opportunity provider

28 Cinnamon Roll Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	29 Mini Strawberry Filled Bagel Chocolate Chip Muffin Served with Oranges & Juice	30 Country Chicken Biscuit Assorted Cereal Bars Served with Strawberries & Clementines	31 Mini Cini Caramel Bagel HAPPY HALLOWEEN! Pumpkin Spiced Donut Served with Fresh Fruit Cup & Juice	1 Egg and Cheese Wake Up Wrap Bagel with Cream Cheese Served with Apples & Bananas
4 Cinnamon Raisin Bagel Assorted Cereal Bowl with Graham Cracker Served with Apples & Pears	5 ELECTION DAY No School ✓	6 Apple Frudel Asst. Cereal Bar Served with Strawberries & Clementines	7 Egg & Cheese English Muffin Cranberry Oatmeal Raisin Round Served with Fresh Fruit Cup & Juice	8 Fruit Breakfast Smoothie Bagel with Cream Cheese Served with Apples & Bananas
11 VETERANS DAY No School 👤	12 Bacon, Egg, and Cheese Bagel Sandwich Blueberry Muffin Served with Oranges & Juice	13 Pumpkin Smoothie NEW !! Benefit Bar Served with Strawberries & Clementines	14 Sausage, Egg, and Cheese Wakeup Wrap UBR Bar Served with Fresh Fruit Cup & Juice	15 Cinnamon Roll Bagel with Cream Cheese Served with Apples and Bananas
18 Sausage and Cheese Brkfst Pizza HOT SELLER !! Assorted Cereal Bowl with Graham Crackers Served with Apples & Pears	19 French Toast Sticks Chocolate Chip Muffin Served with Oranges & Juice	20 Sausage, Egg, and Cheese Bagel Oatmeal Choc. Betty Crocker Bar Served with Strawberries & Clementines	21 Egg & Turkey Chorizo Breakfast Nacho NEW !! Nature Valley Round Served with Fresh Fruit Cup & Juice	22 Mixed Berry Yogurt Parfait Mini Cini Cream Cheese Bagel Served with Apples and Bananas
25 Pumpkin Breakfast Bread Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	26 Egg & Cheese Wakeup Wrap Blueberry Muffin Served with Oranges & Juice	27 Cinnamon Sugar Donut Asst. Cereal Bar Served with Apples & Clementines	28 Happy Thanksgiving! No School	29

<div> <div> <div>aramark</div> <div>EDUCATION</div> <div>NUTRITION</div> </div> <div> <div>LOWELL</div> <div>PUBLIC SCHOOLS</div> </div> </div> <div> <div>NOVEMBER 2024</div> <div>Elementary & K-8 Lunch Menu</div> </div> <div> <p>Breakfast and Lunch are FREE for all students!</p> <p>Our menu consists of Whole Grains, Fresh Fruits and Vegetables.</p> <p>Students must take a fruit and/or vegetable with each lunch.</p> <p>All meals are served with the option of milk.</p> <p>Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily. Menus are subject to change.</p> <p>V= Vegetarian LG=Locally Grown LTO= Limited Time Offer</p> <p>HOTM=Harvest of the Month</p> </div> <div> </div>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Deluxe Chicken Sandwich 28 with our Honey Bee Sauce Hot Pretzel Dippers V Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Pickled Cucumbers & Waffle Fries Apples & Pears LTO: Fall Brunch Plate 4 Hamburgers & Cheeseburgers Greek Salad with a Flatbread V LG Chicken Salad Sandwich on a Bulky Roll Tater Tots & Roasted Butternut Squash LG Apples & Pears No School Veteran's Day! Philly Chicken Sub Pizza Crunchers V 18 Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich Side Salad LG & Green Beans Apple & Pears Country Chicken Bowl with a Dinner Roll Country Vegetarian Noodle Bowl with a Dinner Roll V Omelet with a Bagel V Ham Chef Salad with Flatbread LG Italian Sub Roasted Potatoes & Carrots LG Apple & Pears	Arroz con Pollo 29 Rainbow Flatbread V Chocolate Hummus Platter V Ham and Cheese Sub LG Street Corn Salad & Carrots LG Clementines & Apples No School Election Day! Mac & Cheese Day! Baked Mac and Cheese V 12 Hamburgers & Cheeseburgers Pizza Platter Chicken Caesar Wrap LG Roasted Chickpeas & Cucumbers Clementines & Apples Holiday Meal! Roasted Turkey with Gravy Vegetarian Nuggets V 19 Served with Mashed Potatoes, Stuffing and a Dinner Roll Roasted Butternut Squash LG Baked Apple Crisp Thanksgiving Day Pizza 26 Cheese Pizza V Bagel Power Pack V Moroccan Harissa Wrap LG Kickin Beans & Fiesta Corn Clementines & Apples	Lok Lak 30 Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Roasted Chickpeas & Carrots LG Bananas & Berry Cup Chicken Parmesan with Penne Chicken Tamales Chili Cheese Tamales V Greek Salad with a Flatbread LG Chicken Salad Sandwich on a Bulky Roll Roasted Green Beans & Carrots LG Bananas & Berry Cup Tex Mex Frittata With a Warm Biscuit Bosco Cheese Sticks with Marinara Sauce V 13 Kale Chicken Caesar Salad LG Ham and Cheese Sandwich Corn & Carrots LG Bananas & Berry Cup Waffle Wednesday! Waffles with Chicken Sausage or Vegetarian Sausage V 20 Loaded Baked Potato with a Roll Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich Cucumbers & Carrots LG Bananas & Berry Cups No School Happy Thanksgiving 	Happy Halloween! Chili Garlic Popcorn Chicken Lo Mein 31 Pizza Crunchers V Chocolate Hummus Platter V Ham and Cheese Sub LG Celery Sticks & Kale Caesar Salad LG Blood Oranges & Fresh Fruit Cup General Tso Popcorn Chicken with Fried Rice 7 Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V Yogurt & Fruit Power Pack V Greek Chicken Wrap LG Broccoli & Carrots LG Pears & Fresh Fruit Cup Wally's Boomin' Nachos 14 Wally's Boomin' Bean Nachos V Fish and Chips with Coleslaw and A Dinner Roll Pizza Platter Chicken Caesar Wrap LG Green Beans & Carrots LG Pears & Fresh Fruit Cup Lowell Grande Nachos 21 Chipotle Cheesy Bean Nachos V Crispy Chicken Sandwich Pretzel Platter V Turkey BLT Sub LG Roasted Veggies & Green Beans Pears & Fresh Fruit Cup No School Happy Thanksgiving 	Cheese Pizza V 1 Hawaiian Pizza Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas Cheese Pizza V 8 Street Corn Chorizo Pizza Greek Salad with a Flatbread LG Chicken Salad Sandwich on a Bulky Roll Red Pepper Strips & Side Salad LG Apples & Bananas Cheese Pizza V 15 HOTM: Green Monster Pizza Kale Chicken Caesar Salad with Flatbread LG Ham & Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas Cheese Pizza V 22 Buffalo Chicken Pizza Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich Red Pepper Strips & Roasted Chickpeas Apples & Bananas

This institution is an equal opportunity provider. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9922 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 377-8339, or (800) 455-6136 (Spanish). USDA is an equal opportunity provider and employer.



November Breakfast Menu - Elementary.pdf

Download

252.4 KB



November Lunch Menu - Elementary.pdf

Download

316.0 KB

McAvinnue Spirit Gear By Prep Sportswear

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.

There is a 30% off deal occurring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.

Like during previous school years, we are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.



Click To Access Prep Sportswear Spirit Gear

General Information

How can I update my contact information (phone number/email/address)?

- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.



How do I update my emergency contacts?

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school.

How do I register my child for the new school year?

- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

What should I do if I need to register my child(ren) and I don't speak English?

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

How old does my child need to be to enroll in preschool or kindergarten?

- A child must turn 4 years old on or before September 1, 2023, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

How do I apply for a transfer for my child to change schools in the new year?

- Per the 2023-2024 School Assignment Policy, all students have the option to request one school transfer per year.
- Families can apply online at <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.

Community Connections & Opportunities



Community Connections

Check out the registration information for Lowell Recreation Basketball! There are teams for both girls and boys...and all games are in Lowell!



**BASKETBALL
REC LEAGUE**

LOWELL
YOUTH BASKETBALL
EST. 2022

Approved by L.P.S.

WEEKDAY GAMES ONLY
ALL GAME ARE IN LOWELL; NO TRAVEL REQUIRED
SEASON BEGINS IN DECEMBER AND RUNS THROUGH MARCH

REGISTER NOW AT:
WWW.LYBSL.ORG

LOWELL'S FIRST CITYWIDE BASKETBALL REC LEAGUE

AGE GROUPS
CO-ED: 5-6 | BOYS & GIRLS: 7/9/ 10-12/13-17

COACHES NEEDED
AT ALL LEVELS

QUESTIONS?
INFO@LYBSL.ORG

Our website can be translated into multiple languages

- Nuestro sitio web se puede traducir a varios idiomas
- Nosso site pode ser traduzido para vários idiomas
- គេហទំព័ររបស់យើងអាចបកប្រែជាច្រើនភាសា

IND US ON THE SOCIALS:   

Girls Lacrosse Registration Now Open!

Registration is now open for Girls Lacrosse for Spring 2025 for girls in grades K-8 (new K program this year!).

To register: www.lowellgirlslacrosse.com

The season will run from the middle of February to June!

LGL Registration is OPEN for Spring 2025!

LGL Littles (new Kindergarten program for 2025)

Grades 1/2

Grades 3/4

Grades 5/6

Grades 7/8

Season runs mid-February through beginning of June

Register online @ lowellgirlslacrosse.com

Learn more about our programs on LGL's Teams and FAQs pages!

✉ Questions, please email lowellgirlsyouthlacrosse@gmail.com



Lowell Youth Boys Lacrosse Registration Now Open!

Lowell Youth Lacrosse Spring 2025 registration is now open for boys in grades 1-8. To register:

<https://lowellyouthlax.com>

Practice session begin in March with game play occuring on Sundays.

Financial aid is available if needed.

LOWELL YOUTH LACROSSE SPRING 2025 REGISTRATION NOW OPEN

UNTIL FEBRUARY 22, 2025

FIRST TIME PLAYERS WELCOME
BOYS GRADES 1-8

FINANCIAL AID
AVAILABLE

PRACTICES BEGIN IN MARCH
GAMES ARE ON SUNDAYS



INQUIRE ABOUT OUR
LEARN TO PLAY
PROGRAM



REGISTER ONLINE TODAY!

www.lowellyouthlax.com



lowellyouthlacrosse@yahoo.com

Made with PosterMyWall.com

Cub Scout Pack 7 Information

Cub Scout Pack 7 is looking for new cubs to join their pack! Tons of fun and learning experiences for all kids in Kindergarten through Grade 5. For more information, visit www.pack7lowell.com

Pack 7 meets at St. Rita's Church directly across from McAvinnue!



Cub Scout Pack 7 is a Family Pack for both girls and boys
in kindergarten through fifth grades



In partnership with FEMA—Cub Scouting is offering fun and play filled 'Be Prepared' emergency preparedness programming for youth. Kids will have a great time and learn to Be Prepared via camping, group hiking, learning to use basic tools, archery, developing communication skills and lots of playing.



Visit www.Pack7Lowell.com to find about our next open house or to visit one of our weekly den meetings and learn about the year-long programming.

Meeting Location — St. Rita Hall
(158 Mammoth Rd., Lowell)

www.Pack7Lowell.com

join@pack7lowell.com



Be A Girl Scout

Interested in joining the Girl Scouts Of America? Check out the information below for an event on Tuesday, September 17th at 6:00 PM - 7:00 PM at the Pollard Library in Lowell.

To sign up for Girl Scouts of Eastern Massachusetts, please use the link below.

gsema.org/jion





Your Year of Adventure

- ✓ Hike to the highest point in your town.
- ✓ Learn a new outdoor skill.
- ✓ Take on challenges with confidence.

Each day as a Girl Scout brings thrills and out-of-this-world experiences. Don't miss your chance to make new friends and be part of a journey you'll never forget! Find your squad and get ready for amazing adventures.

Be a Girl Scout
gsema.org/join

girl scouts
of eastern
massachusetts

Start your Girl Scout journey in Lowell at our FREE Try Girl Scouts event!

**Tuesday, September 16
6 - 7 PM**
**Pollard Memorial Library
401 Merrimack Road
Lowell**

*Bring your grown-up(s) along.
Scan code to RSVP or visit
www.gsema.org/eventsup2*



Fall Playgroup Opportunities

The Lowell Public Schools' Coordinated Family and Community Engagement Program holds weekly playgroups for children under 5-years-old and their families.

You can access the registration form below.

[Click Here To Register](#)

[Click Here to Register](#)



Equity, Excellence, Empowerment.

Early Childhood Department
Coordinated Family and Community Engagement

Starting September 17, 2024 FALL PLAYGROUPS



Lowell Public Schools' CFCE program provides weekly playgroups for young children under the age of five and their families! Sing songs, read books, engage in activities and share ideas with peers. Join the fun and invite your friends! Click on the link above to register.

Tuesdays	Wednesdays	Thursdays	Fridays
Sept. 17 - Dec. 10 10am-11am	Sept. 18 - Dec. 11 10am-11am	Sept. 19 - Dec. 12 10am-11am	Sept. 20 - Dec. 13 10am-11am
Location #1: YMCA, 35 YMCA Dr. Language Support: English	Location #1: IINE, 101 Jackson St, Suite 2 Language Support: Spanish	Location: YMCA, 35 YMCA Dr. Language Support: English	Location #1: Pollard Memorial Library, 401 Merrimack St. Language Support: Spanish
Location #2: Lowell Housing Authority, 580 Chelmsford St Language Support: Khmer	Location #2: St. Rita's 158 Mammoth Rd Language Support: Khmer		Location #2: St. Rita's 158 Mammoth Rd Language Support: Spanish

For questions call 978-967-6784

Visit the Lowell Public Schools calendar and Early
Childhood homepage for more information
www.lowell.k12.ma.us

Lowell Public Schools (LPS) CFCE program is funded by the
Coordinated Family & Community Engagement grant awarded to the LPS by
the Department of Early Education and Care.



Click here to register

GRUPOS DE BRINCADEIRA DE OUTONO

A partir de 13 de setembro de 2024

O programa CFCE das Escolas Públicas de Lowell oferece grupos de brincadeira semanal para crianças menores de cinco anos e seus familiares. Cantam, leem livros, participam de atividades e compartilham ideias com outras famílias. Participe da diversão e convide seus amigos (chamamos todos para se registrar).

Tempo	Localização	Idioma	Idioma
Sept. 17 - Dec. 10 10am-11am	YMCA, 35 YMCA Dr.	English	
Sept. 18 - Dec. 11 10am-11am	IINE, 101 Jackson St, Suite 2	Spanish	
Sept. 19 - Dec. 12 10am-11am	YMCA, 35 YMCA Dr.	English	
Sept. 20 - Dec. 13 10am-11am	Pollard Memorial Library, 401 Merrimack St.	Spanish	
Sept. 17 - Dec. 10 10am-11am	Lowell Housing Authority, 580 Chelmsford St	Khmer	
Sept. 18 - Dec. 11 10am-11am	St. Rita's, 158 Mammoth Rd	Khmer	
Sept. 19 - Dec. 12 10am-11am			
Sept. 20 - Dec. 13 10am-11am	St. Rita's, 158 Mammoth Rd	Spanish	

Para mais informações, ligue para 978-967-6784 ou visite www.lowell.k12.ma.us

Click here to register

GRUPOS DE JUEGO DE OTONO

A partir del 13 de septiembre de 2024

El programa CFCE de las Escuelas Públicas de Lowell ofrece grupos de juego semanal para niños menores de cinco años y sus familias. Cantan canciones, leen libros, participan en actividades y comparten ideas con sus familias. ¡Únase al divertido y invite a sus amigos! ¡Todos están invitados a registrarse!

Los martes	Los miércoles	Los jueves	Los viernes
Sept. 17 - Dec. 10 10am-11am	Sept. 18 - Dec. 11 10am-11am	Sept. 19 - Dec. 12 10am-11am	Sept. 20 - Dec. 13 10am-11am
YMCA, 35 YMCA Dr.	IINE, 101 Jackson St, Suite 2	YMCA, 35 YMCA Dr.	Pollard Memorial Library, 401 Merrimack St.
English	Spanish	English	Spanish
Lowell Housing Authority, 580 Chelmsford St	St. Rita's, 158 Mammoth Rd		St. Rita's, 158 Mammoth Rd
Khmer	Khmer		Spanish

Para más información, llame al 978-967-6784 o visite www.lowell.k12.ma.us

Click here to register

ក្រុមលេង រដូវ ផ្កាឈូក

ចាប់ពីថ្ងៃទី ១៣ ខែ កញ្ញា ឆ្នាំ ២០២៤

កម្មវិធី CFCE នៃសាលាធម្មនុញ្ញ Lowell ផ្តល់ឱកាសក្រុមលេងប្រចាំសប្តាហ៍សម្រាប់កុមារតូចជាងប្រាំឆ្នាំ និងគ្រួសាររបស់គេ។ គេច្រៀងច្រនក់, អានសៀវភៅ, រួមចំណែកក្នុងសកម្មភាព និងចែករំលែកគំនិតជាមួយគ្នា។ ចូលរួមក្នុងការលេង និងស្វាគមន៍មិត្តភក្តិរបស់លោកអ្នក!

ថ្ងៃ	ទីតាំង	ភាសា	ភាសា
ថ្ងៃ ទី ១៧ - ៣០ ខែ កញ្ញា ១០:០០ - ១១:០០ ព្រឹក	YMCA, 35 YMCA Dr.	English	
ថ្ងៃ ទី ១៨ - ៣១ ខែ កញ្ញា ១០:០០ - ១១:០០ ព្រឹក	IINE, 101 Jackson St, Suite 2	Spanish	
ថ្ងៃ ទី ១៩ - ៣០ ខែ កញ្ញា ១០:០០ - ១១:០០ ព្រឹក	YMCA, 35 YMCA Dr.	English	
ថ្ងៃ ទី ២០ - ៣១ ខែ កញ្ញា ១០:០០ - ១១:០០ ព្រឹក	Pollard Memorial Library, 401 Merrimack St.	Spanish	
ថ្ងៃ ទី ១៧ - ៣០ ខែ កញ្ញា ១០:០០ - ១១:០០ ព្រឹក	Lowell Housing Authority, 580 Chelmsford St	Khmer	
ថ្ងៃ ទី ១៨ - ៣១ ខែ កញ្ញា ១០:០០ - ១១:០០ ព្រឹក	St. Rita's, 158 Mammoth Rd	Khmer	
ថ្ងៃ ទី ១៩ - ៣០ ខែ កញ្ញា ១០:០០ - ១១:០០ ព្រឹក			
ថ្ងៃ ទី ២០ - ៣១ ខែ កញ្ញា ១០:០០ - ១១:០០ ព្រឹក	St. Rita's, 158 Mammoth Rd	Spanish	

សម្រាប់ព័ត៌មានបន្ថែម, ទូរស័ព្ទ ៩៧៨-៩៦៧-៦៧៨៤ ឬចូលមើល www.lowell.k12.ma.us



COMMUNITY RESOURCES

Community Resources & Daycare Options for Families

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

Here is a list of daycare options in Lowell:

- **Community Team Work (CTI):** (978) 454-5100
 - Families who are already enrolled in a CTI program...
 - Call or text school-age coordinators to request a slot
 - Billy 978-995-0028, wma@commteam.org
 - Karen 978-729-7216, kshannon@commteam.org
 - Families who are not enrolled in a CTI program
 - If you've filled out a CTI application in the past...
 - Contact Karen (978) 729-7216, kshannon@commteam.org to see if where you are on the waitlist (if there is a waitlist)
 - If you've never filled out a CTI application...
 - Fill out an application at 17 Kirk St., 126 Phoenix Ave
 - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
 - Karen Espinola is the school-age director
 - Fill out a application online or at the YMCA to request a slot
 - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare:** Call programs to see if they have openings near you
 - Bethel Family Childcare (978) 458-6577
 - Clarendon Family Childcare (978) 454-3026

- Child Development and Learning (CDE) (978) 275-2843
 - ACRE Family Childcare (978) 937-5899
 - CTI: See above contact information
-
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
 - Accept girls ages 5-14 years old
 - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)
 - Call Pam Lerocque (Director of Finance & Administration) to check on openings
-
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
 - School-age openings for after-school
 - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible



The Family Leadership Institute

The Family Leadership Institute provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.

Throughout the year, the FLI runs a variety of programs including: survival English classes, family college visits, mental health and financial literacy workshops, and more. For more information about the FLI visit: <https://www.lowell.k12.ma.us/Page/5263> or email FLI Director Zoe Dzineku at zdzineku@lowell.k12.ma.us.

Local Food Support

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.

Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options at adelaluz@lowell.k12.ma.us.



Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

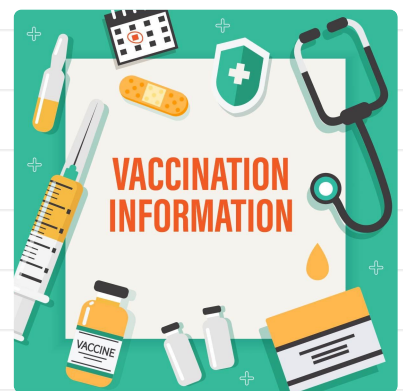
[Download](#)
15.0 KB

Community Vaccination Information

Click the link below to see a comprehensive list of local vaccination options for your child.

Please keep in mind that certain vaccinations are required for students to participate in learning at all Lowell Public Schools.

If you have any questions regarding vaccination requirements, please contact Nurse Danielle at the school. She will be glad to help you out and provide you with the information that you require or request.



Community vaccination sites.pdf

[Download](#)
1.1 MB

McAvinnue's Family Read-A-Loud: "Grace For President - How To Run For President"

Grace for President | How to Run for President | Presidents Day for Kids





McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at:

<https://www.lowell.k12.ma.us/mcavinnue>



Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!

Click the buttons below to access our social media sites!



[Click To Access McAvinnue's Facebook Page](#)

[Click To Access McAvinnue's "X" \(Twitter\) Page](#)

[Click To Access McAvinnue's Instagram Page](#)

[Click To Access McAvinnue's YouTube Channel](#)



Our Vision

McAvinnue Elementary School is a place...where there are high expectations, where students are academically engaged, where instruction is guided by a systematic approach to examine data, where there is a multi-tiered system of support, and where a responsive environment that fosters social emotional connections between faculty and students prevails.

#McAvinnuePride #BeTheDifference #NextLevel

Email: mdomina@lowell.k12.ma.us

Website: <https://www.lowell.k12.ma.us/Domain/21>

Location: 131 Mammoth Road, Lowell, MA, USA

Phone: (978) 937-2871

Facebook: facebook.com/McAvinnueElementarySchool/

Twitter: [@McAvinnueLPS](https://twitter.com/McAvinnueLPS)



Michael Domina

Michael is using Smore to create beautiful newsletters

